



Best spa near London

[Cottonmill Spa at Sopwell House](#)

The vibe: Just 40 minutes from central London, Sopwell House is a magnificent stately home that houses the newly refurbished Cottonmill Spa. Arranged over three floors, it's got a huge outdoor garden chill-out area with major LA botanical vibes. The spa's clean lines, sumptuous day beds and play swings are arranged around thermal spas, salt steam rooms, organic steams and the largest panoramic sauna with outdoor views. Go for The Club upgrade and gain access to an additional floor where you'll find a room of heated musical light-up beds and a Whispering Gallery for zen-like calm. Spotless changing rooms with Dyson Sonic hairdryers are the kind of extra details we really appreciate.

Come with... A friend who will order the burger. The day spa pass includes a delicious three-course meal at The Pantry, which is definitely not all green juices and salad, so make sure you enjoy.

Hero treatment: All of them are amazing, but we tried the Elemis 60-minute pro collagen anti-aging facial: a face, neck, shoulder and head massage and pummel as well as an incredible mask, peel and drench with oil. It left our skin plumped, dewy and glowing (and our hair needing a definite scrub.)

[Book It Now: Sopwell House](#)

[Book It Now: Sopwell House](#)

Save when you book spa retreats UK with these [booking.com promo codes](#).